

MENFLODEN®
SUPPORTS THE HEALTH OF THE MALE
REPRODUCTIVE AND URINARY SYSTEM
food supplement
20 capsules • 618,5 mg

MenFloden®
HEALTHY PROSTATE

INDICATIONS: MenFloden® is specifically designed for men. With Cucurbita pepo seed oil and Serenoa repens extract, it supports the health and activity of the prostate and urinary tract. The unique extract of Vaccinium macrocarpon Aiton has a powerful antioxidant effect and contributes to the formation of a protective biofilm in the urinary tract, thus supporting the activity of their mucous membrane. Zinc contributes to the maintenance of normal concentration of testosterone in the blood, and selenium to normal spermatogenesis. They also contribute to the protection of cells from oxidative stress.

ACTION: The complex of five biologically active ingredients in MenFloden® has been specially selected to have a beneficial effect on the male reproductive and urinary system. Each of them works in a different direction, and together, they support the normal function of key organs and the normal course of important processes.

The prostate

The prostate gland is part of the male reproductive system. It secretes the fluid medium in which the spermatozoa reside and move. It is located just below the bladder and wraps around the urethra like a sleeve. That is why the increase in its size leads to disturbances in urination and sexual function. In the risk group are all men over 50 years of age, who must observe for:

- Incomplete emptying of the bladder
- Frequent urination
- Intermittent stream
- Difficult to postpone urination
- Weak stream
- Extra strain at the beginning of urination
- Frequent urination at night (nocturia)

The Serenoa repens fruit extract embedded in MenFloden® is a proven natural substance among men and in medicine used to support the normal function of the prostate. It is a source of some minerals, including magnesium, zinc and phosphorus, but more important for its effect on men's health are the concentrated amounts of phytosterols (especially sitosterol and campesterol) and flavonoids. The benefits of Serenoa repens extract, also known as saw palmetto, are not limited to the prostate. A little-known fact is that it helps to maintain high tone, good physical condition and endurance, and is also considered a powerful aphrodisiac.

The special North American cranberry extract in MenFloden®, exclusively designed for men, also plays a key role in prostate health. A clinical study verifying its capabilities shows that its long-term use improves all indicators used to

assess the state of the prostate according to the International Prostate Symptom Score (IPSS), as well as the markers reported during uroflowmetry*. After continuous use for 3–6 months, a decrease in IPSS of several units was observed.

Bladder

The beneficial effect of Cucurbita pepo seed oil contained in MenFloden® on the bladder and prostate has been known since ancient times. Besides being rich in phytosterols, vitamins and trace elements, it is also used as a diuretic. Its action is expressed in improving the flow of urine and the stream during urination. In addition, its powerful antioxidant action helps protect the cells from the harmful effects of free radicals, which is of key importance in the body's fight against inflammatory processes. The special North American cranberry extract also has a positive effect on the bladder.

It has been clinically proven to affect the Lower Urinary Tract Symptoms (LUTS) in men. It contributes to the emptying of the bladder, the normal stream and the complete excretion of urine.

Urinary tract

The effect of MenFloden® on the urinary tract is determined by the special biochemical composition of the extract of Vaccinium macrocarpon Aiton. It is a rich source of anthocyanins and proanthocyanidins, and the unique thing is that the proanthocyanidins in it are of type A (PAC-A). Modern clinical studies confirm that only PAC-A can contribute to preventing the adhesion of pathogens such as Escherichia coli and Candida albicans to the mucosa in the urinary tract. They achieve this through the formation of a protective biofilm in the urinary tract, and all this supports the activity of the mucous membrane and its health.

Sexual health

The normal function of the prostate and urinary system affects a man's sexual health. All ingredients in MenFloden® support sexual health. An additional plus is the content of selenium and zinc, which affect potency. They affect testosterone levels in the blood and support normal sperm production (spermatogenesis).

Thanks to its composition, MenFloden® has a multidirectional effect. It:

- Supports normal prostate function
- Supports complete urination
- Reduces night wakings
- Supports sexual health
- Affects potency

DUOCAP™ ENCAPSULATION TECHNOLOGY

MenFloden® is manufactured in France as per DUOCAP™ (capsule-in-capsule) patented technology for combining and dual release of the ingredients. The technology allows

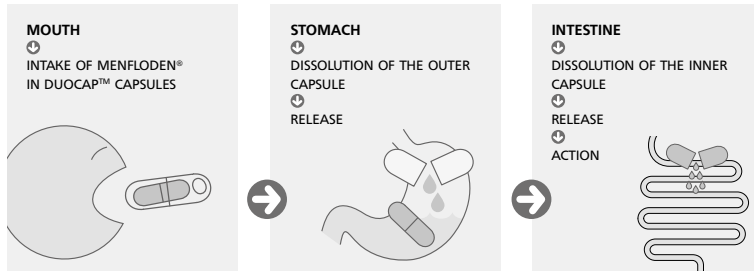
liquids to be inserted into hard gelatin capsules without any thermal treatment of the active substance. In this way, the biological activity of the inserted ingredients is preserved, and their unobstructed reach to the small intestine, where their absorption takes place, is guaranteed.

DUOCAP™ DUAL RELEASE OF INGREDIENTS

DUOCAP®

MenFloden® in DUOCAP™ capsules

It preserves the biological activity of the incorporated ingredients and ensures their unobstructed reach to the small intestine, where their absorption takes place.



RECOMMENDED DAILY DOSE: 1 capsule daily, taken with a glass of water.

CONTENT: Cucurbita pepo L. seed oil; *fish gelatin* (capsule); *Serenoa repens* fruit extract; North American cranberry fruit extract (*Vaccinium macrocarpon* Aiton); hydroxypropyl methylcellulose (glazing agent); zinc oxide; L-selenomethionine; iron oxide (colour).

Ingredients of recommended daily dose

	1 capsule	RDA*
Cucurbita pepo	420 mg	**
Serenoa repens	100 mg	**
North American cranberry fruit extract	75 mg	**
Zinc	10 mg	100%
Selenium	55 µg	100%

*RDA – recommended daily allowance for adults (with daily food consumption of 8400 kJ/2000 kcal).

** RDA not determined.

WARNINGS: Not to be taken by people with hypersensitivity to any of the ingredients. For adults only. It is not recommended for women in fertile age, pregnant or breastfeeding.

Do not exceed the recommended daily dose.

Do not use the product as substitute to a balanced diet.

STORAGE CONDITIONS: Store in the original packaging, protected from direct light and moisture, at room temperature (10°–30°C). Keep out of the reach of children.

**Uroflowmetry – a urological examination that determines the volume of urine released from the body, the speed with which it is released, and how long the release takes. The results are used to assess the state of the prostate and in cases of laboured urination.*

DUOCAP™ gelatin capsules are:



PRODUCED BY:

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